



Name: _____

Yoga Outreach's Mission is to identify, develop and deliver healing and life-affirming yoga programs to people who cannot directly access these resources.

Are you aligned with this mission? Please circle Y/N

1. How did you hear about volunteer opportunities with Yoga Outreach?
2. What is your view of Yoga Outreach and the work that it does in the community?
3. How are you currently involved in the yoga community?
4. What interests you about volunteering for Yoga Outreach?
5. What is your experience with the not for profit sector? Please attach resume
6. What areas of expertise/ skills can you bring to Yoga Outreach?
7. What would you like to gain by being an active volunteer for Yoga Outreach?
8. What is one quality about yourself that you would like to develop, how do feel serving Yoga Outreach will help you to do this?
9. Please circle your areas of skill/interests:
 - Fundraising & Community Engagement
 - Marketing & Social Media
 - Communications & Content Creation
 - Information Technology & Data management
 - Events Coordination & Promotions
10. How much time would you like to commit to volunteering each month? Please circle
 - leadership role ongoing 1 - 2 hours/week
 - supporting role ongoing 4 - 6 hours/month
 - casual support available 1 - 3 times/year